

PERSONAL DRAGON LINEAGE PROCESS

Process Quick Reference:

Open your Akash

Set the Intention to go to your Dragon Lineage area in the Akash.

Spend time breathing with and connecting to your Dragon Tree. Go into the dragon tree for further harmonization and healing.

Come out of your Dragon Tree and receive it's blessing.

Go into your Dragon Lineage area.

In here you can explore as you wish and also do a tunnel method to meet one of the dragons.

When you are ready to leave this area, remember to say goodbye to your Dragon Tree on the way out, stop a while to thank the tree and acknowledge your process.

Set the intention to go back to a general area of the Akash.

Close the records and return to 3D when you are ready.

Integrate!

Detailed Process Reference:

Open your Akash

Set the Intention to go to your Dragon Lineage area in the Akash. Invite your Totem to assist.

“Masters, Teachers and Loved Ones, I would like to go to my Dragon Lineage now.”

Allow the process to unfold. You may feel like you're moving through energy, or to an area of the Akash where your Dragon Lineage is. As you get closer to this sacred area, you come to a tree. This is your Dragon Tree. Seeing, feeling, knowing, trusting that this is unfolding for you. It could be like any tree. It's your personal Dragon Tree. Go up to it and spend some time connecting with it.

Breathe with it, put your third eye to it, put your heart shachara to it. Leaning into it, sitting with it, perhaps hugging it, really being open to connecting to your Dragon Tree. Sense the energy of your tree with every cell of your body. Also allow your tree to read you, to prepare you to go into your Dragon Lineage area.

Slowly start to merge into your tree, becoming one with it. The trunk being your torso, the crown of the tree like your head and hair, its roots like your feet going into the Akashic Earth. You can let go, and just be in the tree. Allow the intelligence of the tree to harmonize you, read you energy body, and give you balancing and healing. Seeing, feeling, knowing or trusting that this is happening for you.

When it feels right for you, come out of your Dragon Tree. Give thanks and receive its blessing. Spend more time with it if you choose.

Go next into your Dragon Lineage area. Your Totem may be with you and can assist you. You can ask questions or converse with anyone or anything in this area. Breathing and affirming that you are in your Dragon Lineage area.

Who are you, in this Dragon Lineage?

Tunnel Method to connect with a Dragon aspect of yourself:

In here you can explore as you wish and also do a Tunnel Method to meet one of the dragon aspects of yourself.

Take a breath in. Then ask for an aspect of you of your Dragon Lineage that wishes to connect with you, asking for a dragon to appear in front of you. Send waves of love from your heart shachara to this dragon, who is also sending you waves of love from their heart shachara.

A tunnel of light forms around the waves of energy between your heart shacharas. Minimize yourself into your heart shachara, and your dragon does the same. Proceed into the tunnel of light, meeting in the middle, and see what happens.

Ask who they are, and how they see you. You can ask them anything you want. They may be giving you healing or gifts.

When you are finished, ask your dragon whether they would like to go back into the Akash, or whether they want to come with you in your heart. Whatever they choose is perfect.

When you are ready to leave this area, remember to say goodbye to your Dragon Tree on the way out, stop a while to thank the tree and acknowledge your process.

Set the intention to go back to a general area of the Akash. Explore other areas if you wish.

Close the records and return to 3D when you are ready.

Integrate.