

# PROCESS OF READING/HEALING IN THE AKASHIC EARTH FIELD AND LIBRARY

Feel who you are right now ... 3 big breaths, exhale through your Heart Shachara  
– your AE bag is on your chest, on your Heart Chakra.

Use your AE Sun Symbol to form a shield of protection around you  
– top, bottom, front, back, both sides and project into the centre of the room.

Take 5 or 10 minutes to connect yourself to your personal Spirit Consciousness through your Sun Star - imaging it above you and bringing a shaft of Light from it into each Shachara and drawing into each chakra your AE Sun Symbol, and your totem.

Feel/enjoy the vibrations.

Pull AE energy up from the crystal centre of Gaia – imagine drawing the AE Sun Sign on the soles of your feet, and also your totem. Then visualise the Mothers & Grandmothers vibrating Akashic Earth energy up to you ... up through soles of your feet, throughout your whole body, down your arms and back into the earth. Create a cycle of energy - flowing up to you, in and around and down under the Mothers and Grandmothers, through the Akashic Earth and up to you again.

Do the Soul Source meditation - Ball of Soul Light above you, then around you, a Soul Light platform under you. Soul Light sinking through your energy fields, all through your body. Magnetically pulling out whatever is no longer required in your life. Magnetically emanating into you whatever it is you require at this point of your life. Allowing your Personal Soul Light to do its work of cleaning and preparing you.

Say the Akashic Earth Invocation to access your personal Akashic Earth Records.

Move forward with your Totem animal into the Akashic Earth Library and ask for specific records, receive healing, connect w Soul self, etc. Remember to ask your Akashic Totem to assist. You can also ask say 'Masters, Teachers and Loved Ones please find the records for ...'. Or you may travel around yourself. Allow whatever happens to happen, allow the information/healing to come to you in whatever form it wishes to come ... just like you allowed the Soul Light to clean you in preparation.

Say the 'Returning to Surface' Invocation to close your access to the Akashic Earth Records. If they don't feel closed, clap your hands 3 times to bring yourself back into present awareness.

# Akashic Earth Invocation

## AKASHIC EARTH INVOCATION - GOING WITHIN

I give thanks to my Higher Self, my Akashic Self and the Wise Mothers and Grandmothers guarding and safe keeping the Akashic Earth Field. Aho Gaia.

I (say your full name) choose to vibrationally match with my personal Akashic Earth Records now - with my body, aura, and consciousness.

I am (say your nickname), please welcome me. Aho Gaia

Unity Consciousness, please assist me to know every aspect of (state your query) in the vibration of the Akashic Earth Records, please welcome me. Aho Gaia

Unity Consciousness, please assist me to know all that I Am in the 8th dimensional vibration of the Akashic Earth Records, to trust the answers I receive are mine, the healing I receive is accurately targeted to my stated query, and that my Soul Wisdom is healing me in ways that are a vibrational match for me.

I state this in reverence of all that I Am, please welcome me. Aho Gaia

My Akashic Earth Records are now with me | My Akashic Earth Records are now with me |  
My Akashic Earth Records are now with me.

## 'RETURNING TO SURFACE' INVOCATION

As I prepare to leave my Akashic Earth Records, I give heart-felt thanks to my Akashic Totem for assistance, my Higher Self, my Akashic Self, my Soul Self and the ancient Wise Mothers and Grandmothers for facilitating my vibrational journey within to all that I Am, to my Akashic Earth Records.

I receive my blessings with gratitude and honour the graceful wisdom of the Masters and Guides who have helped me. Giving thanks to every aspect of me who I have met today. I say thank you, thank you, thank you as I prepare to return to my incarnated life, to ground back in my body.

Here and now, I return to surface and become like a tree growing strong with my roots in the Earth for sustenance, my trunk body supporting me ... my crown reaching up to the Sky for light. Aho Aho Aho

I am back in my body and integrating my process now. Aho Aho Aho

Breathing, moving, writing everything down. Aho Aho Aho