



## WELCOME TO LEVEL TWO

## PRACTITIONER AKASHIC CERTIFICATION WITH VALENTINA MATHIAS

Aloha beautiful Soul, it is wonderful to have you here.

In this level of training we move into being fully aware that the 3 step Akashic Preparation process is designed to bring us into our awareness as Galactic-Earth-Soul Beings. It is a unique, beautiful and deeply healing process that brings into Unity all that we are, all that we bring to our current incarnations as human beings, all that we are in the I Am.

This process allows us to access huge amounts of healing and wisdom from all aspects of ourselves in a safe, reassuring and powerful manner. The deeper level of knowledge is as follows:

Galactic Akash (your personal Sun Star above you)  
Earth Akash (bringing energy up from the Akashic Earth)  
Soul Akash (the Soul light above your Soul Star Shachara)

There is also healing woven into the Invocations - at some stage clients will report back to you that just hearing the invocations sends them into a sparkling healing zone. They will often fall asleep right on the 'Going Within' Invocation.

We dive deeper into the 5 elements of your AE bag and the meaning of the Akashic pronunciation of Sha Kaa Raa (chakra) and you talk more deeply to your totem, asking them about their own totem lineage in the Akash. Plus we see if there are other aspects of you and/or your totems to meet in order for you to be a successful Akashic Earth Practitioner.

This is an interactive workshop with a huge amount of learning and practice. You will be adding your own notes into this manual based on questions I ask you to retrieve from your own Akash during the workshop. I recommend that as well as putting these in your manual, you print them out and have them handy when you are doing your client sessions. They are tailored to you and contain information that is specific to your process as an Akashic Earth Healer.

Let's get started.

I will be holding Akashic Space and you will be learning, immersing and practising, pushing yourself to your limits and surprising yourself with your skills.

*Valentina*



## EMBODYING THE 5 ELEMENTS IN YOUR AE BAG



The 5 elements work together in your AE Bag to harmonise your access to the Akash in a way that creates healthy balance in you, your clients and the Universe. Elemental harmony in you has a reciprocal relationship in the Universe, we need to step up to that relationship, to grow up and be part of Cosmic Universal Unity, taking responsibility for the balance of the 5 elements in our lives is how we do that as healers and way-showers to New Earth.

In this teaching, you will be learning more about the function of each element and a simple technique to focus daily on balancing each element within you. Paying attention to the elements within you assists to create harmony on Earth and in the Universe as well as alchemising you into a responsible and powerful Akashic Earth Practitioner.

IN ALL AREAS OF LIFE, YOU WILL COME TO ASK YOURSELF

“What element is out of balance here?”

“How do I balance this element within me?”

AND WITH CLIENTS

“What element is out of balance here?”



“How do I balance this element within them?”

## 5 ELEMENT MEANINGS AND HARMONISATION TECHNIQUE

### AKASH (ETHER OR SPACE IN THE AE BAG)

Thumb - Akash element represents your personal connection to your Soul Wisdom. Your thumb is unique to you. You are an individual and your connection to the Akash is unique to you.

Hold your thumbs together and ask yourself

“What does my Akashic Soul Wisdom element represent in my life?”

“How does it bring order to all life?”

“How does my Akashic Soul Wisdom element relate to me as an Akashic practitioner?”



## EARTH (THE CRYSTAL IN THE AE BAG)

Index finger - Earth represents the elemental in our physical body and is all about ordering our physical bodies. We tend to see our bodies as separate from the body of Earth. We are not. This view of being separate is what is causing problems for Earth - most of us are in fact part of the problem because we see ourselves as a separate issue from, say, an earthquake or flood. If we want to see Mother Earth in good order, we need to order our bodies.

Respect the Earth because Earth represents your physical body. Every time you want to take care of the Earth, you need to first take care of your body physically. Every time you hurt your body, you hurt the Earth. This is the equation of coherence between you and Earth. That means when you need to rest, rest. When you need to exercise, exercise etc. When you have surgery to remove parts of your body, you create a disorder in the element of Earth which leads to deforestation and turning one human against the other because of lack of respect.

Hold your index fingers together and ask yourself

“How does the Earth element work in my physical body?”

“How does my Earth element in the body contribute to harmony or disharmony on the Earth?”

“How does my Earth element relate to me as an Akashic practitioner?”



## WATER (THE SHELL IN THE AE BAG)

Middle finger - Water element is about emotions and pleasure - find the balance and enjoy everything that you do AS YOU without any restrictions. Water represents the emotional aspects of ourselves as human beings. Right now the emotional state of humanity is unbalanced leading to water imbalance - floodings, rains, droughts. Society often restricts us from doing things that bring us satisfaction and pleasure. Everytime that we are not allowing ourselves to enjoy life we are going against the water elementals. We have to enjoy who we are and what we do as who we are. Scientific research etc won't change the water problems - if we don't order our emotions and pleasure, there will never be a balance.

Hold your middle fingers together and ask yourself

“Who am I in my Water element of emotional and pleasure reality?”

“How does my Water element contribute to harmony or disharmony with Water on Earth?”

“How does my Water element relate to me as an Akashic practitioner?”



## AIR (THE FEATHER IN THE AE BAG)

Ring finger - Air element is our words and thoughts. It is a simple equation of communication from the Universe with the Human and thus our thoughts and words that flow from that. We need to understand the order of the air in order to speak. Sometimes instead of creating a nice gentle breeze, we create a tornado - it is important to check the air element in your body is harmonised before you create thoughts and words. When you see a hurricane it means the words are in such an imbalance that they create a distortion in the air field.

It is important to not only keep our Akashic connection pure but also to put harmony and balance in our minds so that our connection to Divinity is simple and pure and we can then speak with simple wise words (instead of reacting). We need simplicity to harmonise the Air element.

Hold your ring fingers together and ask yourself

“Who am I in my Air element - my thoughts and words?”

“How does my Air element contribute to harmony or disharmony with Air on Earth?”

“How does my Air element relate to me as an Akashic practitioner?”



## FIRE (THE VOLCANIC ROCK IN THE AE BAG)

Little finger - Fire element represents your consciousness and will. It is important to always have fire (even if just a candle) because fire gives power and strength to everything you talk about. Everything you envision for yourself, every Divine message you receive can be spoken to fire to give it power and strength. It is extremely powerful, that is why your mind needs to be kept simple, ordered and connected to Divinity/Akashic Wisdom before you speak your words to the fire for power and strength. Out of control fires represent the unordered minds of humanity.

Hold your little fingers together and ask yourself

“Who am I in my Fire element, do I use the Fire element correctly?”

“How does my Fire element contribute to harmony or disharmony with Fire on Earth?”

“How does my Fire element relate to me as an Akashic practitioner?”



## SUMMARY OF AE 5 ELEMENTS TEACHINGS

Primarily I am teaching you here about harmonising the 5 elements within you.

You are not responsible for every disorder of elements on Earth. If, for example, there is a wild storm and heavy rain and flooding near you, tune in with your middle fingers (Water) and ask yourself, "Did I contribute to this, is there disharmony within my personal Water element?"

If the answer is yes, then balance that within yourself and your life - keep it that simple.

The 5 elements combined represent our being, our consciousness and the way we understand the world. All of the elements join and become one and thus we have the order we need to birth harmony into everything we do.

## DAILY PRACTICE

Tune into each element by pressing the matching thumbs and fingers together and asking for that element to be harmonised and balanced within you.

Some may take longer than others.

You may receive inspirations, actions to take or messages.

Harmonise the thumbs and all the fingers together asking for full balance of the 5 elements within you knowing that internal harmonisation is the key to affecting real change in the world.

This personal responsibility and respect for each element is what humanity as a whole needs to re-learn in order to truly come into harmony with Earth and live in Unity Consciousness.

Understand that all 5 elements are represented in our living body, our living being - we don't have to go out looking for them (but it is nice to connect consciously with nature and fire and our Akash).





## SHA KAA RAA (chakra) ORIGINAL AKASHIC MEANINGS

Some time ago, I was instructed by Source Akash to pronounce 'chakras' differently from the usual way that we hear them. This is because words have a vibration and 'Sha Kaa Raa' is open and expansive. It is the original correct pronunciation from the Akash.

This teaching is to help you understand what you are doing when you are opening the Sha Kaa Raas with the AE Sun Sign. You will notice there are references to Source and shafts of Light, both of which are represented in the AE Sun sign - source being the spiral (source or sun energy) and the 7 shafts of light coming out of the spiral are of course the shafts of light.

### CHA (CAN BE PRONOUNCED SHA OR SAA)

There is a masculine and feminine.

"Sha" is feminine

"Saa" the masculine

If in doubt, use the feminine

Usage here is not about the client being masculine or feminine

It depends on what part of the masculine or feminine body you are addressing.

#### "Sha Kaa Raa"

To connect more into the feminine aspects of the energy centres (eg organs), your pronunciation would be "Sha Kaa Raa"

#### "Saa Kaa Ra"

If you want to connect more into the masculine energies of the energy centres, you would say "Saa Kaa Ra"

If you want it be unified you would go with the base root of the feminine - "Sha Kaa Raa"

### KAA

The resonance of this part of the word stands for the light waves and the frequencies from the Galactic Akash (starlight) that manifest in the physical realm through the Shakaaraas (chakras). Kaa is the way Light manifests in the physical and it also represents the reflection of the masculine and the feminine through that. Kaa is the Galactic Akash Spirit energy manifesting as light waves.

### RAA

Raa is the Eternal Source of our Soul. It represents core essence, core source.

Raa is the eternal Source Essence.



## HIGHER HEART SHA KAA RAA

The Higher Heart is all about connection to Lemurian New Earth codes and attuning to the higher levels of the Akash like Source Akash.

I will activate this for you in our journeys today as part of our practice.

In your own time try adding in the Higher Heart activation when you open the Akash and note the different quality of the session/healing you receive. Do this a few times before you try the process on a client so that you are cognisant with how this process feels and operates for you first.

The Higher Heart is located just above the Heart Sha Kaa Raa and is often referenced as the 8th Dimension which is where we read the Akash, it is the seat of your Soul in your body.

*Nb - this is not offered to clients on their first session as not everyone is coded for a Higher Heart opening. You could ask to code their Higher Heart during their initial session with you if they are keen for this level of opening. It brings forward a deeper wiser energy and once again, not everyone is ready for this, not everyone has the permanent seated home of the Higher Heart activated.*



## YOUR TOTEM WISDOM

Your totem/s have their own sacred Akashic lineage and specific reasons for being with you. Akashic Totems activate the Truth of who you are in a pure stream of undamaged consciousness.

Go into the Akash and ask your totem to share more about themselves with you, ask them:

“What is your name?”

“What are some of your specific Akashic skills?”

“Why/how are we connected?”

“What is your Akashic lineage? Please share with me about that.”

“Do you work with clients with me or is there another totem I work with as a practitioner. If so, may I meet them now?”

If you have a different Akashic Practitioner Totem, ask them the same questions.

Ask your totem,

“Is there a special technique you would like me to use when working with clients?”

“How may I call on you for help when I am working with clients?”



## YOU AS AN AKASHIC HEALER IN THE AKASH

You may have a specific aspect of you in the Akash who does the Akashic readings and healings with clients.

Open the Akash and do a tunnel method asking to meet this aspect of you. When in the tunnel of Heart Light together have a conversation about whatever you wish to discuss. Be sure to ask how to call them forth to work with a client.



## YOUR AKASHIC PRACTITIONER GUIDES

You may have specific guides in the Akash that will assist you with clients.

Go into the Akash and ask to meet your Akashic Practitioner guides. Get to know them, ask them questions like

“What is your name?”

“How do I call you forth?”

“In what ways do you assist me?”

“Are there specific phrases I need to use when looking up client’s records or should I just say, Masters Teachers and Loved ones of ..... please bring me the records on (their query).”

“What do I do if I am stuck and can’t get an answer for a client?”

“Who is my interpreter if I can’t understand the information coming through for a client?”



## WORKING WITH CLIENTS

### PROCESS OF READING AND HEALING IN THE AKASHIC SOUL RECORDS

*NB - If using the guided MP3s and music on the Level 2 App, make sure you have tested all of the options out thoroughly before using them with a client.*

*ALSO - Have your list of questions and answers that you created at the beginning of Level 2 training handy so that if you hit a roadblock you can refer to them. These answers are there to help you, and channelled from your own Akash specifically to assist in your work as an Akashic practitioner. Trust them.*

Explain to your client that this is not a psychic reading but rather Soul wisdom healing and guidance from their Akashic Library. As such, there may not be streams of information and they may fall asleep as part of the deep Akashic healing process. It is fine if this happens. Let them know you are literally retrieving records of information from a vast Akash of information, so it is best to be clear about what they want to know, otherwise they may receive more general information than what they were hoping for.

Ask their permission to access their Akashic Records. You cannot proceed without permission.

Ask what their requests are today (or you may already have them from their booking sheet so go over them with the client).

If using one of the the Level 2 MP3s, explain to them the recording in the background is for them to relax to and also assists you to do your job as an Akashic healer and reader. If it feels appropriate, explain that the preparation process is recalibrating their energy fields to them in the 8th Dimension, to their energy in the Akash; and also matching your energy fields to theirs so that you can accurately read and heal for them in the Akash, it is that simple.

The MP3s support your process as a practitioner. They are there for you if you choose to use them, it is completely up to you. I usually play the beginning of either the short or long one, and then switch to the Moby recordings so that I have plenty of time and can close the Akash verbally when both my client and I are ready.

Whether you are choosing the guided meditation preparation MP3 or the Moby background music, or your own music - have that playing as you prepare to start.

Generally your client will be lying comfortably on a couch or massage table but they may want to sit up, or sit cross-legged on the floor.



Place your Akashic Earth bag on their Heart Shachara.

While the MP3 is playing, cleanse your client with sage and feathers or a Reiki wash - whatever way is natural to you. Then use your AE Sun symbol to form a shield of protection around the client and you – top, bottom, front, back, both sides and project it into the centre of the room.

Connect yourself and your client to their GALACTIC AKASH by visualising the client's personal star in the sky above you both, and pulling a shaft of light down from it to both of your Base Sha Kaa Raas. Also place in there your Akashic totem and the AE Sun symbol.

Do this for all seven Sha Kaa Raas, Base/Root, Sacral, Solar, Heart, Throat, Third Eye, and Crown.

This is quick if you are using the short client recording as they will have booked a short session with you and the recording is designed to keep you moving along quickly. Don't worry if you fall behind, catch up to the recording as you go along.

If it is a longer session, this part of the process is an ideal time to add in some healing to each Sha Kaa Raa - I personally often play the crystal healing bowls in each shachara for the client. It is really lovely to personalise the process with your own healing skills.

Next, move to the client's feet. I personally like to place my hands on the soles of their feet as it is beautiful healing for the client but it is up to you, honour your own skill set as you do the EARTH AKASH process

Draw/visualise your totem and the AE Sun symbol on the soles of both your feet, and the feet of your client.

As the MP3 moves onto pulling up energy up from the Earth Akash via the Mothers & Grandmothers, you visualise this process for both you and the client, visualising Akashic Earth energy vibrating up to you and up to the client. Up through soles of feet, throughout the whole body, down arms and back into the earth.

Or if you are using background music, you just do this process for both you and the client. You can talk them through it if you wish, it is up to you. Remember to keep it general - they don't know all about the Akashic Earth or the AE Sun symbol, or your totem. They just feel and hear you talking about the ancient and wise mothers and grandmothers sending energy up to them from the centre of our planet, how it flows through them and back down and up again.

Then as the SOUL AKASH part of the meditation plays on the MP3, visualise this separately for yourself and for your client. A sparkling ball of Soul light above you, then around you, forming a platform of Soul light under you. Soul light emanating through your energy fields, all through your body. Magnetically pulling out whatever is no longer required in your life. Magnetically emanating into you whatever it is you require at this point of your life. Allowing the Soul light to do its work.

If not using the guided MP3, there is a written description in the Level One section of your manual that you can read to the client as you do this part of the preparation. It is called,



*"Personal Soul Light Cleansing And Protection Meditation"*. Or you can just do the guidance yourself. You will know the process quite well from doing it on yourself, and then in time know it inside out from facilitating it for clients.

The mp3 will continue to play hypnotic and soothing background music and you continue with your Akashic process. You also have an additional recording of just whale and heart shachara music on your app if you prefer that over the Moby music. I usually play the short or long preparatory meditation and then switch to Moby or Heart/Whale music so that I can just let it flow and focus on the session.

When you feel that you and your client are prepared with the Soul light healing, say the Akashic Invocation to energetically match to their Akashic Records.

Move forward with your totem animal into the Akashic Earth Library and ask for specific records, receive healing, connect with soul self, etc. Remember to ask your animal totem to assist. Remember also to just allow whatever happens to happen, allow the information/healing to come to you in whatever form it wishes to come in ... just like you allowed the Soul light to clean both you and your client in preparation.

NB - The recorded meditations for clients do not have the invocations recorded as these are yours to read out, they are not for everyone to hear on the recordings, and are tailored of course to each client's names and queries.

If you are stuck, keep asking 'Masters, Teachers and Loved Ones of (client's name), please bring me the records for (client's question).

Another way to be open to receive information, is to write down the beginning of the answer to their question. Eg if they have asked what their life gift is, write down, "Your life gift is ..." and wait for the answer to come to you. Be ready with your hands to type the answer and trust whatever comes. Or say it in your brain if doing an audio recording and wait for the images or answers to come to you.

Write down or speak (for an audio) all the information you receive for your client. When you have finished, ask, "Masters, Teachers and Loved Ones, is there anything else you wish to tell me for the client?" Write down or verbally record anything that comes through. Then ask your totem if there is anything they would like to say or do before you close the Akashic Records. Then ask the client if there is anything they are feeling in need of saying or asking before you close the Akashic Records, and assist them as much as you can within your time frame.

During the session you can also scan the client's aura with your hand and give Akashic healing anywhere that is required by drawing the AE symbol and placing your totem into areas that have a different vibration from most of the aura. Plus of course you can use your own healing techniques (as long as they are non-invasive).

Say the Akashic Invocation to return to surface and cleanse your client again with sage & feathers or a Reiki wash. Or perhaps sound healing - whatever you like to do.

Integrate for a few minutes - the longer the better.





Sit your client up and tell them about the reading and healing. Ask how it was for them and, if you wish, offer them paper to write or draw on. I have noticed that clients who are artists like this as they have received inspiration during the session.

Clear yourself of any energy that is not yours with a sage smudging or Reiki clearing. Clear the room with a sage & feather smudging - or an energetic clearing process of your choice.

Spellcheck your transcript and email it to the client. Or email them the audio recording of the session. I am open with my clients to doing whichever method they prefer - most choose a written transcript. Or you can be the one to choose whichever method suits you - you are the one doing the focussed Akashic work for them so if you are only comfortable with one method, only offer that.

Follow up with your client in a few days to see how they are after their session with you.

*Nb - if you have the skillset and access to editing, you can create your own MP3s for clients to follow along to. I have provided you with mine for ease of process but you can also create your own. It is advisable to do this once you know the process thoroughly. You can add in your own touches as long as you also follow the Akashic Earth system as I have taught it to you.*



## WORKING WITH CLIENTS - YOUR NOTES



## AKASHIC INVOCATION (CLIENTS)

We give thanks to our Higher Selves, our Akashic Selves and the Wise Mothers and Grandmothers guarding and safe keeping the Akashic Earth Field. Aho Gaia.

I (say your full name) choose to vibrationally match with (say client's full name) personal Akashic Earth Records now - we align with our bodies, auras, and consciousness.

I am (say your everyday name) for (say her/his daily name), please welcome me. Aho Gaia

Unity Consciousness, please assist me to know every aspect of (client's everyday name) queries in the vibration of the Akashic Earth Records, please welcome us. Aho Gaia

Unity Consciousness, please assist me to know all that (client's everyday name) is in the "I Am" in the 8th dimensional vibration of the Akashic Earth Records, to trust the answers s/he/they receive are hers/his/theirs, the healing she/he/they receive is accurately targeted to her/his/their stated queries, and that her/his/their Soul Wisdom is healing her/him/them in ways that are a vibrational match for her/him./them.

I state this in reverence of all that (client's daily name) is in the "I Am", please welcome us. Aho Gaia

(Client's daily name) Akashic Earth Records are now with us x 3

## 'RETURNING TO SURFACE' INVOCATION

As we prepare to leave the Akashic Earth Records, we give heart-felt thanks to our Higher Selves, our Akashic Selves, our Soul Selves and the ancient Wise Mothers and Grandmothers for facilitating our vibrational journey within to all that (client's daily name) is in the 'I Am', to his/her/their Akashic Earth Records.

We receive our blessings with gratitude and honor the graceful wisdom of the Masters and Guides who have helped us. Giving thanks to every aspect of (client's daily name) whom we have met today.

We say thank you, thank you, thank you as we prepare to return to our incarnated lives, to ground back in our bodies.

Here and now, we return to surface and become like trees growing strong with our roots in the Earth for sustenance, our trunk bodies supporting us ... our crowns reaching up to the Sky for light. Aho Aho Aho

We are back in our bodies and integrating our process now. Aho Aho Aho

(this is when you move them into integration pose for several minutes)



## DISTANCE SESSIONS - READING FOR CLIENTS IN THE AKASH

**PRIOR TO SESSION** - download one of the client MP3s and Moby Music or other suitable background healing music and send it to the client so they are having the same sound experience as you at their place. Ask them to test the recording before the session so that they are ready to go when you call. Encourage them to prepare by creating a safe and relaxing zone to receive the Akashic Healing on their end. They may like to be lying in bed, sitting outside under a tree ... whatever is relaxing for them.

### ON THE DAY

Create a crystal grid or special set-up of feathers, shells, crystals ... whatever speaks to you. This arrangement represents your client. If you want, you can send them a photo of this afterwards for them to save to their phone and receive ongoing Akashic healing (as it will have been imbued with energy aligned to them during the session).

Place your AE Bag on the client grid arrangement with the intention that it is on their Heart Shachara.

### CALL THE CLIENT VIA ZOOM, MESSENGER, PHONE, etc

Chat the same way you would for an in-person client, and then either

1. Keep the session open via zoom/messenger video, or
2. Close the call and tell them you will message and hop back online to talk to them when it is finished.

Either way, remember to type or have the record button on to record audio for them.

Continue to facilitate the session as you would for an in-person session; the only difference being that the grid arrangement represents their body on a massage table or couch.

**PREPARE TO CLOSE** - text and call your client or if you are still on a video call together, move to the stage where you talk about the session and ask them if they have any further questions. Also check with their Masters and Teachers - 'is there anything else I need to know or do for this client today?

- This part of the session is always up to you as to how much extra time you give them - it really depends on your schedule on the day, and also what length of session they have booked with you in the first place.

Say the 'Returning to Surface' Invocation to close your access to their Akashic Earth Records and integrate together for at least 3 to 5 minutes.

Send the client the recording or transcript. Do a courtesy check in with them a few days later.



## CREATING AN AKASHIC CRYSTAL WEAVING GRID

Welcome to the transformative journey of crafting your Akashic Crystal Grid, a sacred and creative conduit through which the energies of manifestation flow. In this teaching, we'll explore the steps to construct and activate your grid, aligning it with your intentions and the wisdom of the Akashic Records.

### UNDERSTANDING YOUR AKASHIC CRYSTAL GRID

Your Akashic Crystal Grid is a powerful tool that influences twelve key aspects of your life, including personal growth, relationships, and societal harmony. Whether you're focusing on personal or business goals, this grid serves as a versatile instrument for manifestation.

Together, we will activate these intentions, aligning them with your inner wisdom as an Akashic Practitioner. Today we will work on an Akashic Business Grid

### MATERIALS YOU WILL NEED

Gather the following materials before beginning your grid creation process:

A photo frame approximately A4 size, preferably a simple wood frame.

A picture representing your overarching manifestation goals.

Stickers for inscribing your changing manifestations, goals, or requests.

12 small quartz crystals, such as clear quartz or amethyst.

1 central crystal, which could be a pyramid or a cluster, preferably clear quartz or amethyst.

1 master activator crystal, such as a clear quartz pointer crystal or a selenite rod.

Remember, these recommendations serve as a guide, but trust your intuition when selecting crystals that resonate with you.



## PREPARING YOUR GRID

Choose a photo that symbolises your overarching manifestations and place it within the frame as the backdrop for your grid.

Using a rubber-based clear glue like silicon, affix the 12 quartz crystals around the frame, resembling the markings of a clock.

Write your 12 manifestations, goals, or requests on stickers and place them between the quartz crystals.

Position the central crystal cluster or pyramid at the heart of the grid.

## ACTIVATING YOUR GRID

Create an Akashic Field of Energy between your hands using the AE Sun Symbol, channelling this energy into the grid.

With the master activator crystal, begin at the central crystal and extend outward to one of the smaller quartz crystals, traversing the manifestation note.

Return to the central crystal, then back to the same small quartz crystal and across a manifestation note, moving around the grid systematically until you have completed the circle.

In the Southern Hemisphere, move in a counter-clockwise direction. In the Northern Hemisphere, move clockwise. At the Equator, follow your intuition.

When you are complete, tap the central crystal three times, then activate the grid by drawing the AE sun symbol over the process with the master activator crystal.

Hold your hands above the grid, maintaining the Akashic Field of Energy for as long as desired, allowing the energies to flow and communicate with you.

## TRUST YOUR GRID IS ALIGNING AND HARMONISING FOR YOU

As you embark on this journey of creation and manifestation, trust in the power of your intentions and the wisdom of the Akashic Realm. Repeat this process daily, allowing the grid to evolve and manifest your desires into reality. Through this practice, you'll cultivate a life of balance, harmony, and fulfilment, both for yourself and for the greater good of the Earth.

Change your stickers as necessary - you may find you need to fine-tune what you have written or change it all together if you realise a particular request is not in fact aligned and harmonised for you - your grid is attuned to your Akashic Soul Wisdom and knows what is best for you.



## LEVEL TWO - VALENTINA'S ADVICE

USE YOUR IMAGINATION - if you forget your AE bag, draw it on paper, or visualise one in your imagination and place paper or energetic AE bag on client's Heart Shachara. Remember there are 5 elements to the bag:

- Earth - crystal
- Fire - volcanic rock or pumice stone
- Air - feather
- Water - shell
- Ether/Akash - the space in the bag

CURRENT THEMES - notice what people are asking and if there is a common theme or question, look it up generally online, and in your Akash in your own time so that you can have some general Wisdom available when they book in, and then specific records when you do the session.

HONESTY - Always be honest, work with integrity and work to the level you are at - they have chosen you for a reason, honour that alignment and don't embellish anything, or conversely downplay any 'out-there' or amazing information. If they seem unimpressed or disbelieving, remember that the healing and wisdom of the relayed information will drop in for them in the next few days, weeks or months. Separate your ego from the process so that you don't get in the way of their sacred Akashic connection, their true Soul wisdom. Just write or record exactly what is happening in a clear and loving manner.

THE GUIDANCE The words that come through are specifically for them so try and stick to what the Akash is actually telling you. Be brave in this way because their Soul Guidance is trying very hard to get through to them. Also keep asking questions on behalf of the client. Stick with the integrity and the honesty of the answers even if they insist they have no idea what you are talking about - generally they will come back in a few weeks or a few months with confirmation that they understand the session now, and that the issues or gifts you talked about to them have now manifested. I am reading your wisdom and it will sink in when it is ready to. I am not telling you these things, I am the conduit conveying them. Also it doesn't have to make sense to you as the practitioner, it only has to make sense to them. Trust that in most cases, they will feel the truth of the words and understand how it connects to them.

PRICE - Charge what you want to charge. Or start low and build it up. It is a high value service and takes a lot of energy from you so do take that into account when you set the price point. If you feel you need to practise with friends and family first, do that. You will know when you are ready to start charging, you will feel your own level of confidence in yourself and trust in the process just appearing for you; somehow you will have walked through an imaginary doorway and be ready to charge for your services.



**SELF-CARE, NUTRITION AND NATURE** - This work can be exhausting so remember to have your nutrition and nature breaks organised.

**MAKE IT COME EASILY TO YOU** - Develop your Spiritual Life and your psychic life will follow - this means practice practice practice. If you can, find someone, that one person who wants to hear all about it all the time and open the Akashic Earth Records with them regularly. Ideally it is someone who just wants to know everything and is not phased by how 'out there' some of it might be.

**PRACTISE TOGETHER** - Do swaps with other graduates if that is viable for you.

**ON-LINE CATCH UPS** - Attend as many online and in person Level Two Graduate catch ups that you can in your first year of working as an Akashic Healer. These are listed on my website: [www.balancebeginswithme.com](http://www.balancebeginswithme.com)

**GALACTIC STAR HEALING** - Use the Personal Star technique daily (and nightly) if you wish. This aspect of our training (Galactic Akash) is the one that will keep you clearing and moving forward in alignment with who you are now in any given situation. It keeps you 'on the ball' as everything changes around you and minimises you wasting time trying to work and resolve issues with outdated energetic information. You don't have to pull light into your Sha Kaa Raas, you can ask it for a job you are doing, or general healing, or to manifest something - the important bit is to visualise your personal star and visualise or intend that light from it comes to you.

**YOUR TURN - WHAT ADVICE WOULD YOU GIVE YOURSELF?**

What is it that you would like to remember down the track?





## FAREWELL LEVEL TWO

### YOU ARE NOW AN AKASHIC HEALER

So you've come to the end of your Akashic Practitioner training, and really it's just the beginning isn't it? It's yours now, this incredible Galactic, Earth, Soul Akashic system for you to take far and wide, or to keep close and peaceful ... whatever is just right for you.

However your journey unfolds as an Akashic Practitioner is perfect.

Keep checking in the Akash for yourself and keep in touch. If it feels aligned for you, keep attending the online graduate healer catch ups.

You are the shining light for people now. People are very thirsty for something wise, truthful and safe as we all upgrade to New Earth, or Aearth as the Akash calls it. Wear this responsibility with honour.

Do the process properly, it is safe, wise, true & protected. I don't want messages from any Akashic graduates saying "Oh I just thought I'd tune in without doing the whole process etc' and now I'm in trouble with some dark energies, I seem to be shut down."

That doesn't mean you can't develop your own process. Of course you can download a different process if you wish to, but in the meantime, do this one step by step and you'll find magical realms open up to Akashic sparkle by Akashic sparkle, record by amazing record.

Continue to be in awe of both who you are and what the Akash is.

In loving soul guidance,

*Valtina*



## BUSINESS READY

### PAYMENT SYSTEMS

What are you currently using or intending to use? Cash, Merchant banking with Stripe or Square, Afterpay, Barter, Donation are a few methods to consider. You may think of more.

### INSURANCE

You are legally required to have professional indemnity and public liability insurance (they are bundled together on the one policy). You can find companies that specialise in insurance for alternative healers. You may have to list yourself under massage or reiki, then add Akashic. Google, call and speak to people.

### CLIENT BOOKINGS

What method do you want to use? I use Calendly as it takes relevant questions when they book in, and I can set it to send email and text reminders to both the client and me.

### RELEVANT QUESTIONS

What is your full name and your daily name?

Do I have your permission to access your Akashic Earth Records?

What are your questions and/or healing requests?

### BACKGROUND MUSIC AND MP3s

What speaker will you use for your music/MP3s in your sessions?

You can create your own recordings if you wish

### RECORDING THE SESSION INFORMATION

What method will you use to relay info to the client after the session?

Typed up transcript, audio recording, anything else you can think of?

NB - Record anything significant during the preparation meditation process but not the actual invocation.

NB - Sending them a transcript or a recording also provides you with additional protection - it is human nature to only listen to part of the information, or to add their anxieties into something you relayed to them and come up with something entirely different from what you said. If they have a recording or transcript, you can ask them to refer back to it.

The integrity and clarity of the session you did is maintained this way.

### STORING CLIENT INFO

How do you want to store the client info?

I use a cloud system to keep my energy from becoming heavy. If you feel your life and business motivation getting heavy - you could be storing 3D records in a way that keeps them in your personal field.



## BONUS SECTION – LOCATION HEALING & CONNECTION

A key differentiating point when working with a location versus working with a client, is that - you travel to the location, where as a client proactively comes to you.

So please view the location as a sentient being, just the same as you would any client that walks in your door. Except this client hasn't come to you, necessarily, for akashic healing - you have chosen to go to this sentient being. This changes the dynamic and is something to reflect on, so that you approach your akashic connection to the location with appropriate reverence and honour.

In some cases, prior to your arrival you may have received instructions to go to a special location, perhaps on a certain date and time. In other instances, you will have the curiosity to receive knowledge from the location and thus you're taking the initiative to connect in this way.

Regardless of the reason, it is very very important that you remember that you must ask permission from the location to access that location's akashic records. And if that permission is not granted you must honour that.

It is suggested as part of your preparations for this spiritual connection that you create a small altar at the location, honouring the land or the location you have arrived at. There also may be other considerations or instructions that you have received that would be appropriate to include as part of your preparations for connection at this time.

Once you are in position on location and have received a yes that you have the permission to open the akashic records of that location, then you can begin the practitioners Akashic process with some modification, so that it's appropriate for the location.

One point to reflect on is how you are referring to the name of the location, this may be a modern name, or a historical name, if your intention is to truly honour the location, you can ask the location if it would like to share with you it's preferred name - so you can refer to the location, in the way the location would like to be referred to...sometimes, this in itself offers incredible insights into the beauty of the location.

Once this has been established you can begin the process of opening the Akashic records, using the appropriate reference name for the location.

When the session is complete, you can use the standard process for a client, to close the akashic records. This is an important step to complete as it is with any client.

It is a challenge to describe what you will experience, as every location is unique. Therefore, the guides, energies, and transmissions that you connect into, will also be unique. However, it is important to note that when doing this work the vibration that you create in one location will be felt through that whole area. So regardless of your experience, whether you received guidance



or not - just by taking the initiative of opening the akashic records for healing and closing them afterwards will have a positive effect on our beloved mother Gaia.

*Content for this section has been provided by Akashic Custodian Katy 'Wellspring' Branum, if you are interested in further exploring this aspect of Akashic connection and healing, I invite you to connect with her as she has extensive experience in this area.*

*Her email is: [katy@wellspringmeditations.com](mailto:katy@wellspringmeditations.com)*